

## Small changes, big differences.





## Face to face: Triple P GROUP (age:2-11 years) TIME: 10:00 – 12:15pm (please arrive 10mins early for prompt start)

Triple P allows parents to choose techniques that work best for them and their families.

This 7-week course will introduce parents to positive parenting strategies, influences on children's behaviour how to develop good relationships, encouraging behaviour you want and ways of managing misbehaviour by planning-ahead.

Session 1	March 3 <sup>rd</sup>	Positive Parenting
Session 2	March 10 <sup>th</sup>	Helping children's develop
Session 3	March 17 <sup>th</sup>	Managing children's misbehaviours
Session 4	March 24 <sup>th</sup>	Planning an activity
Session 5	March 31 <sup>st</sup>	consultation phone call - No Group - Time TBA
Session 6	April 7 <sup>th</sup>	Final: Certificate upon completion
Session 7	April 14 <sup>th</sup>	consultation phone call -No Group - Time TBA

## Venue: EYE CHILDREN'S CENTRE, Church Road, EYE Suffolk

**Referrals:** <u>https://earlyhelpportal.suffolk.gov.uk/web/portal/pages/home</u> parents and professionals SCC *Professionals EHM & LCS access via Liquid Logic basic demongraphic page* 

## \*SUBJECT TO COVID: Masks/optional, sanitisation stations, water will be available. Kindly provide your own refreshments

\*Upholding COVID legislation by keeping people safe and adhere to Gov./SCC guidence at all times

Facilitator/s: Naomi Hunnibell Area Parenting Coordinator & Charlotte Linnett CONTACT US <u>parenting@suffolk.gov.uk</u> subject: Central & South Alternatively Visit our Parenting Calendar ; <u>www.suffolk.gov.uk/theparenthub</u> - For all our parenting programmes locally to you

www.triplep.net